

**YES**, I/we want to help!

- \$250
- \$100
- \$ 50
- \$ 25
- Other \$ \_\_\_\_\_

**YES**, please send me/us additional information on your upcoming events and annual Buddy Walk!

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Central PA Down Syndrome Awareness Group**

175 Briarwood Lane  
Carlisle, PA 17015  
(717) 218-0242  
[info@cpadsag.org](mailto:info@cpadsag.org)  
[www.cpadsag.org](http://www.cpadsag.org)

The Central PA Down Syndrome Awareness Group is a 501(c)(3) nonprofit organization and acknowledges that no goods or services were provided to you in return for your contribution. A letter will be sent acknowledging your gift. Please keep for tax purposes.

**About Buddy Walk®**

**The Buddy Walk Background**

The Buddy Walk® was developed by the National Down Syndrome Society in 1995 to bring together a wide range of concerned individuals to reach out to friends, family and co-workers to promote awareness and inclusion for people with Down syndrome and to raise funds for education, research and advocacy programs.

The Buddy Walk is a one-mile walk in which anyone can participate without special training. The Walk has grown from 17 Walks in 1995 to 252 nationwide and around the world in 2010. Hundreds of thousands of people walk from coast to coast and abroad each year. The goal of the Buddy Walk is to promote acceptance and inclusion of people with Down syndrome. In 2011, our goal is to have nearly 300 Buddy Walks across the country and abroad.

**More than 252 Walks** were held worldwide in 2010. For a list of where registered walks were held, please visit [www.buddywalk.org](http://www.buddywalk.org) and click on the "2010 Walks" link, located under "Find A Walk".

**Approximately \$11,200,000** was raised nation-wide through the NDSS Buddy Walk. These funds were distributed among sponsoring Buddy Walk Organizations and the National Down Syndrome Society.

More than **285,000 individuals** participated in a Buddy Walk in 2010. Since the Buddy Walk was created in 1995, more than 3,000,000 people have participated in a Buddy Walk worldwide.

**The Buddy Walk is a trademarked program of the National Down Syndrome Society** and was created in 1995 to assist local groups in their advocacy efforts in their communities. With nearly 300 Walks taking place each year, the National Down Syndrome Society is able to speak with a unified and stronger voice on issues of policy that affect individuals with Down syndrome.

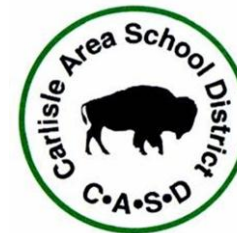
The official registration and financial information of the Central PA Down Syndrome Awareness Group may be obtained from the PA Dept. of State by calling toll free within PA, 1-800-732-0999. Registration does not imply endorsement.

The **Central PA Down Syndrome Awareness Group** was founded in **2008**. Current board members are:

- Brian Guillaume
- Heather Fox-Kauffman
- Cori Guillaume
- Andy Smarr
- Wendy Corcoran

Our families would like to help other families just like ours. The **Central PA Down Syndrome Awareness Group** will allow us to do just that.

**Special Thanks To The Following:**



**4<sup>th</sup> Annual Carlisle Area Buddy Walk®**

**Saturday, September 17, 2011**

**10:00a.m. – Registration followed by the walk**

**Carlisle Area High School  
Carlisle, PA**

**Proceeds benefit the Central PA Down Syndrome Awareness Group**



**Check out our website!**  
[www.cpadsag.org](http://www.cpadsag.org)

## 2009 Carlisle Area Buddy Walk® Recap

- September 19, 2009
- 317 participants
- Raised over \$13,000

The funds raised were used by Central PA Down Syndrome Awareness Group to:

- Host a “Belated Valentine’s Day Dance” for over 100 people on February 20
- Sent people with Down syndrome to summer camp
- Create a lending library that includes “Signing Time” videos
- Host the “2<sup>nd</sup> Annual Party “Down” Day” at Camp Sertoma on Saturday, July 24
- Host two Family Focus Nights to provide education on Individual Education Plans and Special Needs Planning
- Help empower parents by sponsoring their attendance at the Trisomy 21 Symposium at the Children’s Hospital of Philadelphia
- Purchased Assistive Communication Technology

## Mission Statement

*Central PA Down Syndrome Awareness Group* is committed to the success of individuals with Down syndrome. By promoting acceptance and awareness in our community we can empower individuals with Down syndrome to meet and exceed their dreams.



**God gave us amazing  
“gifts” and “Gifts\*”  
brought our families  
together.**

*\*(a book with stories from mothers with children with Down syndrome)*

**How will the Central PA  
Down Syndrome Awareness  
Group promote awareness  
and acceptance in the  
community?**

**Community Social Events:** Provide a social environment where families of individuals with Down syndrome can come together to socialize and support one another.

**Education/Family Focus Night:** Provide families with the information they need to ensure they are maximizing the resources available to individuals with Down syndrome (Seminars related to government assistance, financial planning, Special Needs Trusts, etc.).

**Family grants/funding:** Provide funds to families that aid in promoting personal development of individuals with Down syndrome (these funds will be granted on an individual request basis for camps, horseback riding, etc.).

Grant requests are available through our website at [www.cpadsag.org](http://www.cpadsag.org), emailing [info@cpadsag.org](mailto:info@cpadsag.org) or by phoning (717) 218-0242.



**Three Families!  
Three Sons!  
One Purpose!**



## **Our Story**

Our lives were changed with the birth of our sons. They were forever changed with the diagnosis of Down syndrome. In fact, they came to a screeching halt, not only were we adjusting to life with a newborn, now we were dealing with a diagnosis, possible medical issues and questions of the future. We didn’t know where to turn, who to talk to, we didn’t know where to start. With the support of friends and family we were able to move forward through that difficult adjustment period.

Today, the grief and confusion we felt are a faint memory, a mere blip on the radar. We have learned so much and have gone through so many emotions. We, and others, have discovered the true definitions of *determination* and *unconditional love*. We now feel it is our turn to give back and to try to help others.

Hence, the formation of the Central PA Down Syndrome Awareness Group.